

St. Elizabeth Roman Catholic Church

REV. FR. MARTIN NDYANABO, PASTOR

REV. MR. FRED JARDINE, PERMANENT DEACON

St. Elizabeth Parish is a faith-filled community, built on the example of hospitality shown by St. Elizabeth herself. We welcome and celebrate people from all walks of life, and we strive to learn from Sacred Scripture, our Catholic tradition, the Sacraments, and one another.

We are committed to nurturing the spiritual, physical, and emotional well-being of all we encounter. Above all, we spread the joy and love of Christ's Gospel of life in our Parish, neighborhood, and to all nations.



SUNDAY MASSES

Saturday: 4:30 p.m.

Sunday: 9:00 a.m.

Sunday including Children's Liturgy: 10:30 a.m.

Hungarian Mass: 12:00 p.m.

CONFESSIONS

Saturdays: 3:30 p.m. - 4:00 p.m. or by appointment.

BAPTISMS

Please call parish office at 613-725-2242.

WEEKDAY MASSES

Tuesday - Friday: 9:00 a.m.

Adoration of the Blessed Sacrament

Tuesday to Thursday, 8:15 a.m.

Friday, 1:00 p.m. to 6:00 p.m.

Holy Rosary - 8:15 a.m.

First Fridays: Anointing of the Sick at Daily Mass

WEDDINGS

To be arranged 6 months in advance.

1303 LEASIDE AVE., OTTAWA, ONTARIO K1Z 7R2 TEL 613-725-2242

st.elizabethparish@rogers.com

stelizabethottawa.ca

He said to them, "But who do you say that I am? Simon Peter answered, " You are the Christ, the Son of the Living God."

Matthew 16:16

Mass Intentions for the Week

Tuesday, August 29: The Passion of St. John the Baptist

9:00 a.m., Blessings on Francis Menezes
by Cecilia Pinto

Soul of Sarah Bowie by Terry Normoyle

Wednesday, August 30: Weekday

9:00 a.m., Soul of Phoebe Kazenga by Terry Normoyle

Thursday, August 31: Weekday

9:00 a.m., Souls of Ana Rosario & Cajetan Pinto
by Cecilia Pinto

Friday, September 1: Weekday

9:00 a.m., Soul of Deacon Robert Russell
by the Normoyle Family

Blessings on Gerald Normoyle
by Terry Normoyle

Saturday, September 2: Solemnity

4:30 p.m., For All Parishioners

Sunday, September 3: 22nd Sunday in Ordinary Time

9:00 a.m., Birthday Blessings on Robert Artelle
by Terry Normoyle

Souls of the Londero Family by Yolanda & Lidia

10:30 a.m., Our Lady of Perpetual Help for Blessings
on Vacation by Christine and Roland Albert

91st Birthday Blessings on Genevieve Lachance
by the Lachance Family

Sick in Our Parish

We pray for all those who have died,
and all those who mourn them.

**We pray for the sick of our Parish and for all those
who care for them, especially for:**

Ashleen Anunovi, Tereza Adam, Elina Anker,
Gerti Chapman, Emiliana Cabuga, Howard Campbell,
Jeff Carroll, Rosa Delascio, Tristan Denis,
Lynn Dobson, Margaret Doherty, Pat Dooley,
Johanne Gagnon, Jane, Raymond Joly Sr., Allan Kelly,
Rick Lachance, Marlyn McAndrew, Monique,
Gerald Normoyle, Diane O'Gorman,
Greg Patacairk, Dorothy Ryan, Pat Redmond,
Margaret Scissons, David Simpson, Bob Tait,
Lamomba Tito, Johanna Tobin, Susan White,
Jan Wright, Sylvia Zito

St. Elizabeth Parish Altar Servers



4:30 p.m. Paul Obinna,
Treasure Agazuma, Emmanuel
Agazuma

9:00 a.m. Brigid Ogbundu,
Claire Ogbundu, Odilia Ogbundu

10:30 a.m. Joseph Uwayezu,
Rodrigue Uwumukiza, Jyuan Almario,
Mary Chukwu, Imena Ame,

Emmanuella Chukwu, Stephanie Chukwu

Canadian Tire Money Count:\$7.20

Thank you for supporting St. Elizabeth Parish.

Parish Events This Week

Thursday: Seniors Euchre Social, 12:00 p.m.

Sunday: Live stream of mass at 10:30 a.m.

Sign Up For Pre-Authorized Debit: We are now
able to offer our parishioners the chance to sign up
for pre-authorized debit payments to donate during
these difficult times for individual churches. If you
would like to know more about this service please
contact the parish office.

Bequests and Wills

In your kindness, please remember St. Elizabeth
Parish in your bequests and wills. If anyone wishes
to make such a bequest in their will, the following
clause may be included or added to a will or added
by codicil: *"I give, devise and bequeath the sum of
\$... to St. Elizabeth Church, Ottawa, to be used in
the administration of the pastoral activities of the
parish."*



***Follow us on
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Website:

www.stelizabethottawa.ca

In the Parish



With Appreciation and Gratitude!! Please join with the St. Elizabeth parishioners on Sunday, September 10th after both the morning masses, for a reception to wish Lourdes Villena well as she embarks on a new adventure. Lourdes has been a faithful and dedicated

Sacristan here at St. Elizabeth's for many, many years. She is now returning to her home in the Philippines to be closer to her family. We wish Lourdes all the best in the years to come. All are welcome to attend.

Ladies Auxiliary Bake Sale will resume in October!! Next Ladies Auxiliary meeting will be Thursday, September 7th at 1:30 p.m.

Eucharistic Adoration - Come and Visit



"I have come that you may have life, and have it more abundantly." John 10:10

Come and Accept the Lord's Invitation to Stay With Him: Eucharistic Adoration available in the parish on **Tuesday, Wednesday,**

Thursday from 8:15 a.m. to 8:50 a.m. and on Friday's from 1:00 p.m. to 6:00 p.m. with Benediction - 5:50 p.m. Each moment that you spend in His Eucharistic Presence will increase His divine life within you.

Fr. Martin's Corner



To Kneel or Stand? For a long period of time a discussion has been had about what step is best to take immediately after Holy Communion. What most of us are used to was that after Holy Communion one went back

to the pews and would kneel and say a prayer of thanksgiving. I am certain this is still common in many other places outside of Canada. But here in Canada this habit was changed at some point, and we were asked to remain standing until the Blessed

Sacrament has been reposed to the Tabernacle and then we sit or kneel after that.

The reason the standing was suggested is because we have this Eucharistic Sacrifice as a family and that being a meal, we have a collective act, when we must wait after the meal and can conclude it together as a community. There were some other theological considerations that I need to figure out and share at some point. The challenge with this was that it was not taken up everywhere; some parishes took it up while some others kept the old system of kneeling after Holy Communion. So you would find that some people remain standing while some would go and kneel right away so much so that there was no more uniformity. This is more visible when we have people visiting the parish from elsewhere.

What is the right thing to do? I think that both have been accepted by the Archdiocese and the church as legitimate ways of giving proper reverence to the Blessed Sacrament. My preference would be that we had the uniform way of doing it and my favoured way is that we would all kneel immediately after Holy Communion. This gives people more time to pray and reflect. Most times, when we wait until reposition, we do not have enough time left for the prayer before we stand for the concluding rites. Even though that is my preference I respect whichever way people to choose to do it. The Archdiocese gave us a prerogative to do it the best way we find useful. I decided to share about this because this question has lingered over the years.

Fr. Martin

In the Archdiocese

Encounter School of Ministry: Opportunity for you to practically discern. Join the Orientation evening (Tuesday Sept 5, 6:30 pm – 9:30 pm) and the first three classes (Tuesdays Sept 12, 19 and 26, 6:30 pm – 9:30 pm) at St. Mary's Parish, 100 Young St. Let God speak to your heart through your experience. Application process closes on Monday, Oct 2! Register: <https://encounterschool.org/ottawa/> Info: ottawa@encounterschool.org; (613)729-8710

Exaltation of the Holy Cross Pilgrimage: Walk on September 14 from St Patrick's Fallowfield to St Mary's Parish, Ottawa. See the poster at the church entrance for more details.



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